

InsideOut

DORSET

Visual Story for Inside Out Dorset 2025



Written by Activate Performing Arts, based on a format created by A Relaxed Company,
June 2025

activate
performing arts



About this visual story

This visual story is written to help you prepare for your visit to Inside Out Dorset.

Hopefully this guide will answer your questions about the event; but if you have any others, you can head to the [Inside Out Dorset website](#), or you can speak to any of the staff or volunteers at each event.

About Inside Out Dorset

Inside Out Dorset is an international outdoor arts festival. It takes place every two years in towns and countryside locations across Dorset.

The festival brings performances and art to some of Dorset's most special places—both urban and rural. These events are designed to celebrate Dorset's landscape and identity.

We believe that performing arts should be accessible to everyone, no matter your experience, background, or support needs. That's why all events at Inside Out Dorset 2025 are free to attend.

This year's festival will feature artists from India, Catalonia, and across the UK—including many from Dorset. You can expect exciting performances, beautiful visuals, and thoughtful moments that will help you see familiar places in a new way.

About the festival

Inside Out Dorset 2025 will take place at five different locations, four in Dorset and one in Somerset.



You can visit whichever locations you like. You don't have to go to all of them.



Some locations are open all day, but some have special performances at specific times. You can see the opening times or show times for each location in this visual story.



At every location you will find staff and volunteers from Inside Out Dorset. You can recognise them from their outfits.

They are there to help you: you can ask them any questions you have.



Inside Out Dorset is an outdoor arts festival. That means that everything takes place outdoors.



You don't have to stay in one place; you can move around how you like and leave whenever you're ready.



Christchurch

The artwork in Christchurch is called **River of Hope**. It is an art and learning project.

It helps young people talk about the climate crisis through creative activities like drawing, writing, and making art.

The project uses themes from nature and the environment to inspire ideas.

The artwork is displayed as **a series of colourful flags**, designed by young people and shown in outdoor spaces.



The **River of Hope** artwork is on **Christchurch Quay**.

This is a large green space near the river, close to **Christchurch Priory**.

It is an open outdoor area with paths, grass, and space to move around.

The ground is mostly flat with a mix of hard paths and grassy areas.

You will be able to see the flags displayed throughout the space.



You can come and see the **River of Hope** artwork at these times:

Saturday 13 September – 10am to 7pm

Sunday 14 September – 10am to 7pm

Monday 15 September – 10am to 2pm



There will be a **Relaxed Hour** on **Monday 15 September from 10am to 11am**.

During this time, there will be fewer people and the environment will be quieter.

You are very welcome to come at any time that suits you. Our team will be there and happy to help.



You can get to **Christchurch** by car or public transport.

There are several **car parks** nearby.

There are **bus stops** on the nearby High Street.

The **train station** is about a **20-minute walk** from the artwork location.



An **information point** will be available on site. Staff can help with directions, access needs, or provide a **RADAR key** for the accessible toilet if needed.



Moors Valley

Canopy: 24 ideas about trees is an immersive sound installation set in a forest.

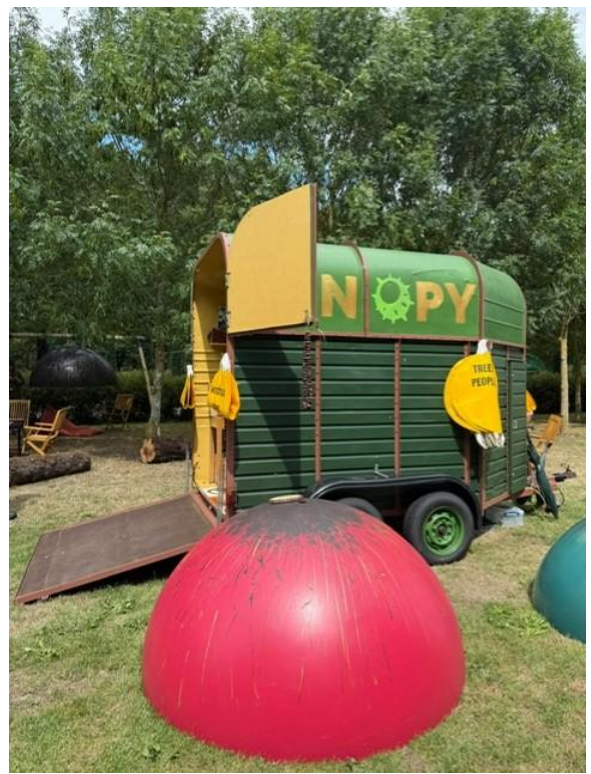
You walk along a trail and discover suspended “seed pods” hanging in the trees.

Each pod plays recorded stories, music, and sounds about trees and forests.



Canopy was created by artist **Lorna Rees**, in collaboration with lots of local people, ecologists, folk musicians, writers, and children.

The project explores what trees mean to us and why forests matter.



You'll find Canopy in **Moors Valley Country Park and Forest**.

The trail winds through woods with paths under trees.

There are forest paths, which may be uneven or covered with leaves.



The whole pathway is accessible for wheelchairs.



Canopy will be open from **Saturday 13 to Sunday 21 September 2025**, daily between **10 am and 4 pm**.



There will also be some special evening performance on **Thursday 18 September 2025**, starting at either **7pm, 8pm or 9pm**. You will need to book a ticket for these. There is information on how to do this on the Inside Out Dorset website.



You can come to Moors Valley by car. There is a parking area at the entrance.



You need to pay to park in this car park. If you have a Blue Badge, you can register for free parking.



Canopy is along a woodland trail. You will walk through forest paths, which may be uneven and include tree roots, grass, or natural ground.

If you would like help when you arrive, visit the information point near the park entrance. A member of the team will be there to assist you.



Yeovil

Consequences is a large piece of outdoor art. It looks like a giant creature lying across the ground.

The creature is made up of different parts, and each part was designed by a local community group.

You can walk around it and look at the shapes, colours, and materials.

It is inspired by a drawing game called "Consequences," where people each draw a different part of a creature.



Consequences was created by an artist group called Radical Ritual.

They worked with local people in Yeovil to design the creature.

The artwork is based on stories, myths, and ideas about home and belonging.



You can find Consequences on Summerhouse Hill in Yeovil.

This is a large, open green space with views across the town.

The artwork is outdoors on grass. There are no buildings nearby.

The ground may be uneven in places, and the hill has some gentle slopes.



You can see the artwork on:

- Saturday 13 September – from 10am to 4pm
- Sunday 14 September – from 10am to 4pm

You can arrive at any time during these hours.

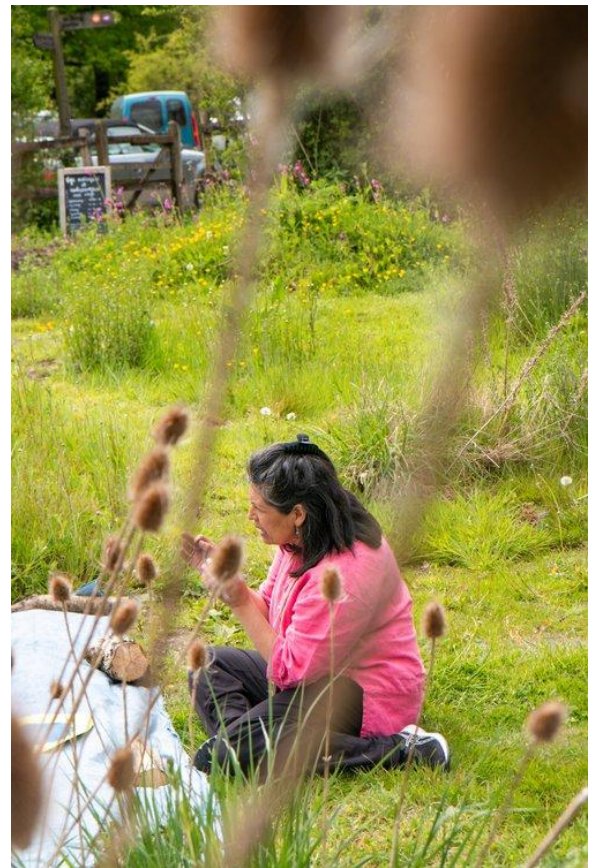


There is no official Relaxed Hour for this event. However, the space is usually calm, and you can arrive and explore at your own pace.

There is a gentle musical soundtrack playing near the artwork. If you prefer a quieter experience, there is plenty of space to move further away from the sound.

There will be a tactile table, where you can feel some of the textures and materials used in the artwork.

There will also be an accessible viewing area with space for wheelchair users.



You can travel to Summerhouse Hill by car or by bus.

There are car parks nearby in Yeovil town centre.

Local buses also stop in the town centre. From there, you can walk to the hill.

Please note that the hill is a grassy area with some slopes. The ground may be uneven.

There will be an information point near the site. You can speak to our team if you need help or directions.



Weymouth

Sonnet of Samsara is part of the **Beach of Dreams** project.

It is a walking performance that starts in Weymouth town centre and ends on the beach.

You will follow dancers through the streets, hear music and drums, and see hundreds of colourful silk flags moving in the wind.



The performance is created by dance artists from India and UK-based Kinetika. They have worked with local community performers in Weymouth.

Together, they explore themes of cycles—life, movement, coastlines, and climate—through dance, music, and visual art.



The performance starts at **Weymouth Town Bridge** and moves through streets, ending at **Weymouth Beach**. You will move with the procession at your own pace.

The route includes town centre pavements and sandy beach areas.



Performances are on **Friday 19 and Saturday 20 September**. They start at **7pm** each evening.



The performance will be busy along the route, and we expect large crowds. We recommend arriving early to find a good space to watch.

There will be **an accessible viewing area** at the **stage on the beach**, with space for wheelchair users and those who need a bit more room.

The performance includes **drums**, **recorded music**, and some **pyrotechnics** (flames or small fireworks). These will make loud sounds and bright flashes.



If you prefer a quieter experience, you can visit the **flag installation** during the day.

The colourful flags will be on display from **Thursday 18 to Saturday 20 September**.

There will also be an area to watch **short films** from other **Beach of Dreams** projects.



You can get to **Weymouth Town Bridge** by car, bus, train, walking, or cycling.

The **train station** and **bus stops** are both less than half a mile from the start point.

The performance ends on the beach—it's about a 10-minute walk from the high street.

The route is on flat pavement and beach



sand, but no steep hills.

If you need help with directions or access support, look for the information point near the flags and stage on the beach.

Saturday's performance of Sonnet of Samsara will have live audio description. You can borrow some headphones and Sophia, our Audio Describer, will tell you what is happening. This is particularly helpful if you cannot see very well.



Corfe Castle

Corfe Castle is a historic village in Dorset, known for its famous castle ruins on top of a hill.

The castle can be seen from many parts of the village.



Inside Out Dorset will take place in different outdoor spaces around the village.

These include the Castle itself, the village church and village hall, and the grounds of **Sandy Hill Arts**, which is near the railway station.

There will be several performances and art installations happening across the weekend.



Arrels is an interactive installation made of twenty play stations. Each station is based on a different cultural tradition. You can explore and play at your own pace.



Created by **Toc de Fusta**, it connects local and global cultural stories. Arrels was designed to be playful, community-led, and open to all ages.



You'll find Arrels on the grass outside St Edward's Church. It is open on **Saturday 20 September** and **Sunday 21 September**, from around **10am to 5pm**. You're welcome anytime during these hours.



Idiòfona invites spectators to build a large, interactive musical instrument. It uses metal tubes of different lengths to create vibrations and sound. You become part of the sound-space by standing near and interacting.



Created by Catalan artist **Joan Català**, Idiòfona celebrates shared creation and sound.

The piece explores community, memory, and the pleasure of making music together.



Idiòfona takes place inside **Corfe Castle's** grounds.

Performances will happen on Saturday 20 September at 12pm and 2.45pm, and on Sunday 21 September at 1.30pm.



On Sunday 21 September, the 1.30pm performance of Idiòfona will have live audio description. You can borrow some headphones and Sophia, our Audio Descriptor, will tell you what is happening. This is particularly helpful if you cannot see very well.

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We Fear (Episode V: Leviathan) is a performance promenade. It explores themes of fear, transformation, and companionship.



Created by Catalan artists **Eva Marichalar-Freixa** and **Jordi Duran i Roldós**, working with Dorset-based **Dorsetborn theatre**.



The piece explores how people cope with fear and the beauty found in changing together.

The performance takes place all around the **Sandy Hill Arts** venue, behind Corfe Castle Station.



Performances will happen on Saturday 20 and Sunday 21 September at 1.40pm and 4.15pm both days.

Places are limited and can be reserved in advance on the Inside Out Dorset website and there will be some available on the day.



Poi is a spinning-top performance featuring world champion **Guillem Vizcaíno**.

He spins and balances unique wooden tops to music and rhythm. The piece is small-scale but mesmerizing.



Created by **Cie D'es Tro**, Poi comes from Catalonia. It explores motion, balance, woodcraft, and the joy of spinning.



Poi takes place in car park of **Corfe Castle Village Hall**.

Performances will happen on Saturday 20 September at 1.15pm and 4pm, and on Sunday 21 September at 12pm and 3.30pm.



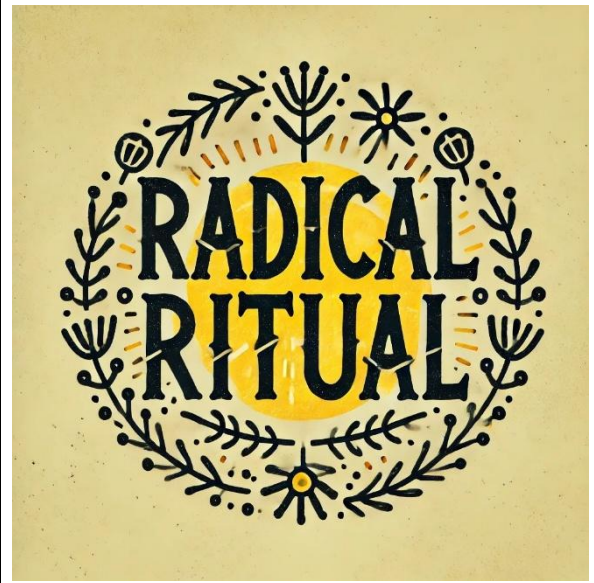
On Sunday 21 September, the 12pm performance of Poi will have live audio description. You can borrow some headphones and Sophia, our Audio Descriptor, will tell you what is happening. This is particularly helpful if you cannot see very well.

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Also in Corfe Castle is **Consequences**, a large giant made from natural dyes and fabrics laid out on the hillside. It's inspired by myths and a drawing game.



Created by **Radical Ritual** (Becca Gill and collaborators), it was designed together with local people in Yeovil to explore stories, identity, and our landscape.



Consequences will be installed on the hill at the back of **Corfe Castle**. You will be able to see it from a viewing area in a nearby field, opposite the **National Trust Castle View Welcome Centre**.

You can view the installation on Saturday 20 and Sunday 21 September between 10am and 4.30pm.



You can get to **Corfe Castle village** by **car, bus, or train**.

If you're coming by car, there are public car parks in the village. These may get busy, so we recommend arriving early if you can.

You can also travel by **bus** from nearby towns, including Wareham and Swanage.

Another option is to take the **Swanage Railway** steam train, which stops at **Corfe Castle station**, a short walk from all festival locations.

Most events take place outdoors on **grass, paths, or open public spaces**. Some areas have **slopes** or **uneven**



ground.	
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Most important things to remember

Everyone is welcome at Inside Out Dorset. You can come and go whenever you like, and you don't need to ask permission.



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There will be staff and volunteers at every location to answer your questions.

