

TIPS AND IDEAS



WILDWRITING!

WITH SARAH ACTON/ BLACK VEN POETRY

Welcome to the **wildwriting! at home** series...you can try these easy and fun creative writing activities in your garden, through your window, or out on a walk, using nature and the 'wild' outdoors for inspiration...for all ages.

All you need is a pen and paper.

Wildwriting! is writing outdoors - to connect to nature, for wellbeing, to get curious and creative...and to see what happens! We'd love to read your wildwriting! so please send us your poems and stories to share...



We'd love to hear from you! You can email us: wildwriting@activateperformingarts.org.uk or write to us: Wildwriting! Activate 7-9 The Little Keep, Barrack Road, Dorchester, Dorset, DT1 1SQ

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"If you will stay close to nature, to its simplicity, to the small things hardly noticeable, those things can unexpectedly become great and immeasurable."
Rainer Maria Rilke

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ACTIVITY (10 mins): WEATHER

- Sit outside or next to an open window, or go for a walk...
- **How does weather affect the mood of the place where you are?** Show us in words..use your senses to feel the answer.
- Make a list of different types of weather and different shades of colour then pair these at random e.g lime green and rain.
- Write 7 lines as a poem or short story using the colour and weather you picked. Set it in the place you are sitting now then show us what is happening inside and outside the mind of a character.

TIP: creativity is playful exploration...it doesn't have to be perfect

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